

Our protective concept for your stay!

Our greatest ambition is that our guests stay healthy during these times and that they are able to feel at home and safe and sound during their stay at our house. **Yet, our safety precautions and hygiene regulations, which we have been realizing carefully in all clinic departments, can only be fully effective if YOU help us.** Thus, we kindly ask you to carefully read and adhere to the information below. We thank you very much in advance for your cooperation and your understanding.

Before your arrival

- Please inform yourself once again before your arrival about the current protection measures of our house.
- At the moment, a stay at our clinic is only possible if you **did not have an infection in the 14 days prior to the date of arrival.**
- If you have or had any symptoms of a cold, please let us know before – or, in case of doubt, also in the course of – your arrival so that you can evaluate your planned stay together with our physicians.
- If you had any contact with sick people, please contact us in any case before your arrival.
- Please inform us before your arrival if you have been abroad for 14 days before your 14 days prior to your arrival in our house.
- Please note that when booking your stay, your primary residence must be stated.

On your arrival

- Please arrive with **FFP2 Mask** and keep the minimum distance. A visor or another filtering facepiece is not permitted within the scope of our hygiene concept.
- In order to guarantee the highest possible safety, we can currently only accept guests into our clinic who bring **confirmation of a full Corona vaccination or a certificate of recovery, or alternatively confirmation of a negative Corona test (PCR test) with them on arrival.** The time of testing must not be more than 48 hours ago.

- Vaccinated and recovered patients **must also bring confirmation of a negative Corona quick test from a certified testing station** with them on arrival, which must not be older than 24 hours. Alternatively, a Corona antigen quick test can be performed in-house (20,00 €). This also applies to patients who have already received the 3rd vaccination.
In addition, a **Corona quick test** is carried out in-house **once per week of stay** (at 20.00 € each). Alternatively, this can take place at a certified local test centre.
- In addition, a **short medical check-up** is carried out immediately upon arrival to confirm that the patient is free of symptoms upon admission.
In order to ensure the brief medical check-up, **we urge you to comply with the arrival period between 1 pm and 4 pm.**
- For patients who do not have a complete Corona vaccination, a **Corona quick test** is carried out in the house **daily** (at 20,00 € each). Alternatively, the daily rapid test can take place at a certified local test centre.

Arriving from a foreign country

- Please inquire before your arrival about the currently valid entry regulations to Germany and contact the health department Bad Kissingen (Tel.: +49 971 801 -8161 or -8172).
- **Confirmation of a negative corona test (PCR test)** must be presented upon arrival. The time of this test must not be longer than 48 hours ago. This applies to fully vaccinated, recovered and unvaccinated patients.
- For vaccinated and recovered patients, a **Corona quick test** is additionally carried out **once per week of stay** (€ 20.00 each). Alternatively, this can take place at a certified local test centre.
- For patients who do not have a complete Corona vaccination, a **Corona quick test** is also carried out **daily** in-house (at 20,00 € each). Alternatively, the daily quick test can take place at a certified local test centre.
- If a quarantine is necessary for entry into Germany, please note that this cannot take place in our house.

During your stay

1. Please observe our hygiene standards through the whole clinic. Furthermore, we implement **additional safety measures** according to the requirements of the specific departments - so that you can live unworried all over the house.
 - Should we require your individual support in doing so, e. g. with hand disinfection, you will find detailed information put up on the spot.
 - Patient visits may only take place outside the clinic building.

2. A **FFP2 (or N95) Mask is mandatory all over the house** in order to guarantee your and our safety. A visor or another filtering facepiece is not permitted within the scope of our hygiene concept. Feel free to bring your own filtering facepiece. You will receive a disposable one on your arrival for free and can purchase more in our MedCenter when required.
 - Excluded from this requirement (safe distance must be kept however): fitness room, ergometer training, Milon® circuit training and courses outdoors
3. Please observe the **commonly recommended sanitary rules** - i. e. regular hand washing with soap as well as sneezing and coughing into your elbow. Also, feel free to use the available sanitizers.
4. The public areas of the clinic and our group courses are adapted and prepared in such a way that the safe distance from other guests can be kept.
 - Let us remember all together to keep distance! A hearty togetherness is also possible with nice gestures, warm words or a sparkling eye contact.
5. Information regarding our inclusive program and our general offers. We were able to adapt almost all our offers to the safety measures in such a way that they remain at your disposal as is usual with you. In consequence of the small number of guests, we will be able to go **even more into detail with regard to your individual needs.**

Please note that our offers that take place without FFP2 masks are only available to vaccinated and recovered patients. This applies to the sauna, swimming pool, ergometer training, indoor sports, Milon® circuit and teaching kitchen.

NEW: Due to the current situation and in order to support your health naturally, we expanded our inclusive program by **new outdoor activities: immune-boosting WOODBATHING, MEDITATION in the heart of nature, therapeutically accompanied DEW CURE and much more.**

6. During the business hours, desk, scheduling office and MedCenter will be available for you also by phone.
 - feel free to book or change **your bookings over the phone (Reception Tel. 100 / Scheduling Tel. 820)**

Please note:

As our protection concept is always adapted according to the latest Corona regulations, we would like to ask you to inform yourself once again about the **currently valid guidelines on our homepage www.weckbecker.com** before arrival.