

Price list for individual treatments and services

Flexible and strengthened.....

I literally feel like a new man.

My arthrosis restricted me very much and I couldn't even walk 10 meters anymore. My physical condition has improved considerably after my stay in this clinic for a fasting cure. Most helpful was the staff's professional and personal competence, the natural kindness and warmth. This special atmosphere in the house I have never experienced anywhere else.

Mr. S., 74 years, Gronau

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Our desire is to offer you, next to our medical attendance, a large range of individual treatments - at a high level of the newest scientific knowledge. The choice of treatments is based on your physical condition and will take place after your medical initial examination.

Follow-ups serve to monitor the therapy and to make corrections if necessary. Together with you we aim to not only alleviate symptoms but also get to the root causes permanently. Especially specific diagnostics can help to find sources of disorders and diseases. An exit examination contributes greatly to integrate the achieved success over the long term into your daily life.



Integrative medicine & diagnostic

Medical examinations	
Initial examination (mandatory) with creation of therapy schedule	75,07 €
Exit examination (mandatory)	41,56 €
Intermediate examination / Follow ups (mandatory for stays from 10 days)	21,44 €
Additional medical services such as supplemental consultations, advices, emergencies, standby services, etc. will be charged separately according to the medical fee schedules (GOÄ).	
Medical diagnostic	
ECG at rest	26,54 €
Ultrasound	from 59,- €
Laboratory diagnostics	
For guests who are lacking in time during their daily lives for the necessary prophylactic medical examinations, we offer extensive laboratory tests, such as new risk factor detections for the cardio-vascular system, immune parameters or special scotoscopy in case of digestive disorders such as an irritable colon or chronic inflammatory bowel diseases.	
Base laboratory for fasting cure	approx. 20,- €
Extensive laboratory parameters	individual
Gastrointestinal check	
	from 105,- €
With the help of modern scotoscopy we also control parameters which are usually not considered in family practices or at specialists. Therefore we suggest this offer especially to those clients who have already had a gastroscopy or a colonoscopy with no abnormality detected.	
Extended cardio-vascular risk factors	
	from 180,- €
These laboratory tests are especially suitable for people who would like to learn more about possible cardio-vascular risk factors. There was developed a whole train of new and useful parameters in recent years. Thereby resulting, it is nowadays more feasible to identify and treat potential cardio-vascular diseases.	
Orthomolecular medicine	
Vitamin mineral check	individual
Buildup- / Immune infusion with micronutrients (vitamins, minerals, trace elements)	from 45,- €
Ozone oxygen autohemotherapy (HOT)	69,87 €
Naturopathic special therapies	
Bloodletting (incl. material)	29,75 €
Acupuncture (plus needles)	46,92 €
Auriculotherapy (plus needles)	46,92 €
Leech treatment	52,- €
Material costs for leeches (apiece)	approx. 8,50 €
Autohemotherapy incl. blood taking*	12,08 €
Infusion intravenous (up to 30 min)*	16,09 €
Infusion intravenous (for over 30 min)*	24,13 €
Inhalation	6,50 €
Subcutaneous / intramuscular injection*	5,36 €
Injection intravenous*	9,38 €
Neural therapy of one body area*	21,44 €
Neural therapy of several body areas*	28,15 €
Ear candle therapy	39,- €
Psychology and life coaching	
Medical psychological consultation (50 min)	100,56 €
Medical psychological consultation (25 min)	50,28 €
Spiritual counseling (45 min)	free
Other	
Medical report	17,43 €
Medical short certificate	13,64 €
Prescription fee	3,15 €
Short attestation	5,36 €

Medical services will be charged 2,3 times, laboratory services 1,15 times of the scale of charges (GOÄ).

* plus pharmaceutical costs

Weckbecker fasting cure

Included in all our fasting packages and in the daily rate	
Fasting provisions (bio vegetable juices, fasting broth, milk rolls, biological teas, water and curative water, revitalizing meals for up to 3 days)	
Fasting and after fasting group conversations	
Health care by Medical Center	
24 hours medical staff (on-call duty)	
Colonthrapy	29,50 €
Gentle bowel cleanse according to Dr. med. Erich von Weckbecker.	

Nutrition and dietetics

Full board with vegetarian bio whole food (1.600 - 1.800 kcal)	36,- €
Base food	26,- €
Individual diets (allergies and intolerances)	47,- €
Individual nutrition counseling (30 min)	36,- €
Individual nutrition counseling (60 min)	65,- €
Training kitchen (90 min)	17,- €

Goodbye migraine!

To me it was the beginning of the end of a long ordeal. I was constantly haunted by severe migraine attacks, three to four times a month. Everything changed with my first fasting cure in Bad Brückenau in 2012. My migraine has completely taken leave – maybe once per quarter it comes slightly back. Also my neck pain has improved significantly. I allow myself a stay on a regular basis meanwhile. The whole team is so warm-hearted and caring. I'm coming here and am simply comfortable.

Mrs. M.-Q., 51 years, Weyhe

Physiotherapy and Massages

Classic massage

In the classic massage our therapists relieve muscular tensions and cause you relaxation by the use of special techniques.

Fascia massage (20 min.)	28,- €
Colon massage (20 min.)	28,- €
Shiatsu massage (20 min.)	39,- €
Cupping massage (30 min.)	40,- €
Classic massage (20 min.)	28,- €
Classic massage (40 min.)	51,- €
Classic massage (60 min.)	68,- €

Foot reflexology massage

It stimulates and balances. The therapists detect based on the patient's reactions and on the paopatory findings, which organs are most stressed. Especially recommended in case of vegetative complaints such as inner unrest and sleep disorders, indigestions, period pains and inflammations of the bladder.

Foot reflexology massage (20 min)	29,- €
Foot reflexology massage (40 min)	51,- €

Lymph drainage

In case of overweight and other kind of metabolic congestion the body stores a considerable amount of lymph fluid - in many cases in the subcutaneous fatty tissue (lipoedema), in abdomen or facial. By smooth stroking, shoving and vibrating movements of the therapist's hands, the lymph system is being stimulated and the fascia comes loose. Also for relieving in case of headache / migraine, tinnitus (ringing in the ear), chronic sinusitis and veins weakness.

Lymph drainage (30 min.)	39,- €
Lymph drainage (60 min.)	68,- €

Massage according to Breuss (30 min.) 39,- €

The energetic stroke massage with the use of amber oil brings deep relaxation in the whole body. Particularly recommended for people with high workload and stress - especially in case of chronic and acute back pain as well as in preparation for the therapy according to Dorn.

Therapy according to Dorn (30 min.) 39,- €

By straightening the spine we relieve blockades and the associated pain. The Dorn therapy is exceedingly focused on potential pelvic obliquity.

Acupuncture massage according to Penzel®

It compensates energetic imbalances. Especially in case of pain syndromes and functional complaints such as sleeping disorders and inner unrest.

Acupuncture massage (40 min.)	72,- €
Acupuncture massage (60 min.)	82,- €
Ear acupuncture massage (20 min.)	28,- €

Manual therapy (30 min.) 50,- €

For treatment of functional disorders of the locomotor system (joints, muscles and nerves). Pain relieving and helpful in case of movement disorders. It is our aim to recover the harmonious interaction between joints, muscles and nerves.

Further treatments

Physiotherapy (30 min.)	36,- €
Trigger point therapy (30 min.)	42,- €
Kinesio taping (30 min.)	28,- €
Fascia stimulating therapy (20 min.)	33,- €
Electro-therapy	15,50 €
Ultrasonic therapy	15,50 €

Weckbecker therapy (30 min.) 46,- €

The Weckbecker therapy is a therapy combination out of small/ large bowel massages, foot reflexology massage, elements of the craniosacral therapy and acupuncture massage – individually symptom-adjusted.

Osteopathy

With the help of precise techniques we are able to feel out tensions, blockades and imbalances in muscles, joints and spin. Here it is possible to detect connections of functional disorders of inner organs and to influence them in a positive way.

Osteopathic initial examination, diagnosis and treatment (50 min)	98,- €
Osteopathy (40 min.)	89,- €
Craniosacrale therapy (40 min.)	78,- €

LNB therapy

The pain therapy according to the principles of Liebscher & Bracht (LNB) reduces acute and chronic pain in spin, joints, musculature, tendons and ligaments. Special pressure massage techniques and entrapment-stretching exercises are relieving pain and motion restrictions for a long time.

LNB therapy (60 min.)	126,- €
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Sport and movement therapy

Life is movement and that is usually what we do insufficiently. With the help of the wide range of products in our clinic we try to whet your appetite for movement again.

Ergometer training / movement therapy (20 min.)	13,- €
Personal/ individual training (60 min.)	69,- €
Nordic Walking (in the group)	8,- €
Milon® circuit (instruction and training checkup per stay)	20,- €

Packs and compresses

Hot and humid package („potato package“)	8,80 €
Moor heatpack	27,- €
Leg compress, one leg	15,50 €
Leg compress, both legs	22,- €
Chest compress	15,50 €
Abdomen compress	15,50 €
Throat compress	9,50 €
Kneipp stockings	15,50 €

Hydropathy according to Kneipp

Timeless reliable and scientifically sound method as an aid to stimulate the blood flow and to support metabolic processes. The change of hot and cold water vitalizes circulatory and immune system. Additional therapeutic effects are achieved by the use of different herbals, such as rosemary, melissa or mare's tail.

Carbonic-acid bath	29,- €
Washing with supplement	8,50 €
Hot and cold affusion (arm, thighs, knees, chest)	13,50 €
Neck affusion	19,50 €
Lumbal affusion	19,50 €
Hot and cold affusion with body spiral	19,50 €
Facial affusion	7,50 €
Base foot bath	13,50 €
Base full bath	26,- €
Hot and cold bath (arm, feet)	13,50 €
Hot and cold sitting bath	16,50 €
Full bath with herbals	23,- €

Oxygen multi-step therapy

The oxygen multi-step therapy according to Prof. von Ardenne supports the oxygen supply of the blood. By inhaling medical oxygen the arterial oxygen content increases. The oxygen consumption of the body is said to be stimulated by adding minerals and vitamins. One inhalation at rest is followed by one inhalation at physical activity.

Per session	28,- €
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Cosmetic treatments

Wellness facial treatment for her and him	50,- €
Full body treatment massage with warm aromatic oils	43,- €
Pedicure incl. foot bath and short massage	25,- €
Manicure	20,- €
Face pack	from 12,- €
„I like myself“-package Two extensive face and body treatments	208,- €

Extras

Participation in trips with the house bus	12,- €
Telephone per unit	0,30 €
Telefax per unit	0,40 €
Parking space on the clinic grounds per day	3,- €
Parking space garage per day	4,- €
Lending fee bath robe (entire stay)	10,- €
Visitor's tax per day	2,50 €