



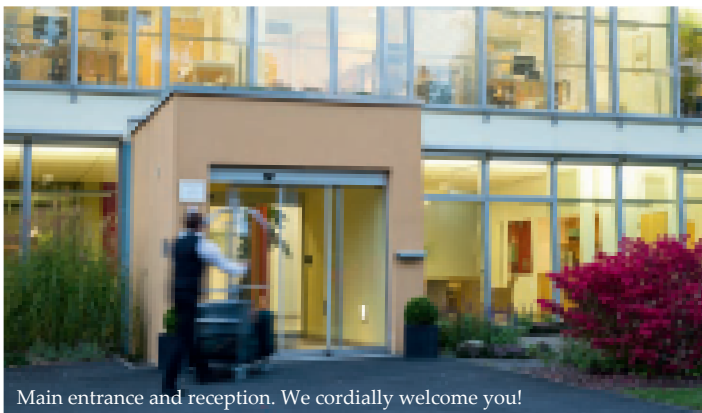
Simply be there.
Feel comfortable.
Weckbecker.

For your health:
Information and prices for the
Weckbecker year 2017.



Original company building. It was this building with what Dr. Erich von Weckbecker founded the naturopathic clinic of Bad Brückenau with.

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Main entrance and reception. We cordially welcome you!



Our interdisciplinary team of doctors
 Chief: Dr. med. Rainer Matejka (3rd from left)



Fasting and dining rooms

Cover picture: Our sauna area with Finnish sauna, bio sauna, infrared sauna, steam bath and foot bath.



In front of the portrait of our founder (LTR): Petra Steil (chief executive), Anneliese von Weckbecker (senior chief), Dr. med. Rainer Matejka (medical chief)

Welcome!

Dear readers,
dear guests,

We appreciate your interest in the Malteser Klinik von Weckbecker. On the following pages we would like to familiarize you with our house and our offers.

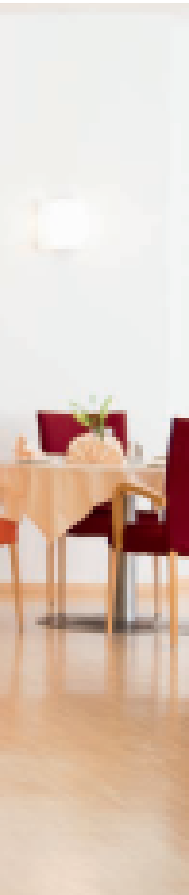
Our therapies comprise a wide range of modern and well-proven methods. From chronic disease therapies to stress management methods and even to the pathfinding for a new healthy lifestyle and preventive actions. With us you have the time to bethink yourself of the important things: Your wellbeing and your health. Our team of doctors and therapists is always there for you.

The main focus of our therapies and treatments is always the four pillar concept according to Dr. med. Erich von Weckbecker. It combines fasting cure with modern physiotherapy, hydrotherapy according to Kneipp and spiritual offers to an overall therapy concept with the objective of treating health issues causally, holistically and compatibly.

It is our goal to activate and strengthen your self-healing powers in order for you to stay healthy also on a long term basis.

In this regard, we look forward to the time with you. With all the best wishes for you and your health,

Your Malteser Klinik
von Weckbecker Team



Prevention and therapy – our treatments

Our guests have a lot of different reasons to keep coming back to us. What they have in common is the wish for good, individual care and a wide range of therapies. In many cases of complaints and diseases we can help you to activate the bodily abilities of self-healing, to normalize the metabolism and to increase your well-being. We also warmly welcome all those who simply want to discover more quality of life in peaceful seclusion and to recover the own inner balance.

We help and support You with:

Disorders and functional diseases

Tiredness and exhaustion
Lack of energy
Headache, migraine
Sleeping disorders
Chronic sinusitis
Stress overload

Heart rise factors and metabolic disorders

Overweight
Fatty liver
High blood pressure
Slighter form of cardiac insufficiency
Lack of physical activity
Diabetes type II
Fat metabolism disorder
Gout

Orthopedic illnesses

Back pain
Shoulder complaints
Arthrosis
Rheumatic diseases
Non-joint rheumatism (fibromyalgia)

Gastrointestinal diseases

Digestive disorders
Chronic inflammatory bowel diseases

Many more diseases can be healed with the use of naturopathic treatments. Please feel free to contact us regarding your personal diagnosis.

Contraindications

In case of certain diseases we do not recommend a stay in our clinic. These diseases include: psychiatric diseases such as anxiety psychosis, schizophrenia, manic-depressive disorders, advanced cardiac insufficiency, unstable arrhythmia, dementia, care dependency.

We kindly ask you to contact us in advance in any case of doubt. Together with our doctors and in confidential conversations you can define whether it is advisable to plan a stay in our clinic.

Four pillar concept according to Dr. med. Erich von Weckbecker

The Malteser Klinik von Weckbecker is located in the heart of the Rhön, an enlarged low mountain range between Bavaria, Hesse and Thuringia, at the edge of the Bavarian city Bad Brückenau. The idyllic countryside with its healing springs is a good surrounding in order to come to rest and to recover. The clinic was founded in 1958. We are a traditional company in which we practice scientifically proven naturopathic treatments in conjunction with academic medicine.

For the founder and giver of the name of our clinic, Dr. med. Erich von Weckbecker, medicine wasn't only a profession but a vocation, since he fought a serious disease during his studies. Motivated by his own recovery based on naturopathy, the young doctor turned completely towards natural healing and developed his four pillar concept. Starting point of this concept is understanding health as a harmonious interaction of various components. In order to recover this harmony, the Weckbecker concept offers individual therapies out of four naturopathy-areas, adapted to your constitutions.



FOUR PILLAR CONCEPT Dr. med. Erich von Weckbecker

First Pillar	Second Pillar	Third Pillar	Fourth Pillar
Fasting cure	Movement & relaxation	Hydropathy according to Kneipp	Spirituality
Nutrition & dietetics	Osteopathy	Colontherapy	life coaching & mindfulness
	Physiotherapy		

First Pillar



Fasting Cure

Focus of our therapy concept is the fasting cure. Already after a few days with an optional abstinence from solid food your body switches over to „nutrition from within“. A fasting cure relieves the internal organs and, moreover, your intestinal flora can be regenerated. You strengthen your immune system. Caused by a deep relaxing effect you will fill up your energy and your vitality will increase in many cases continuously. A welcome side effect: Usually the fasting cure is attended by a loss of weight.

The fasting cure will be customized exactly to your needs. Together with your doctor you choose the type that suits you best: juice fasting with vegetable stocks rich in minerals, freshly-squeezed vegetable juices and herbal teas or fasting according to F. X. Mayr with milk and bread rolls. We use exclusively biological products and provide you with unlimited table water and healing water. As an alternative to the fasting we offer you vegetarian whole food, light food or basic nutrition. Food intolerances will, of course, be taken into consideration.

Come to rest.....
If you want to relax, you must feel safe and know you are in good hands. In the pleasant feelgood atmosphere I was able to recharge my batteries and to find my own rhythm. I feel perfectly fit again - physical and mental. My usually high blood pressure is normal now and this effect is continuous.

Mr. N., 69 years, physicist, Baden (Switzerland)



Nutrition & dietetics

A proper nourishment, rich in vital substances, is your guarantor for a long lasting therapeutic success. Therefore our nutrition experts will demonstrate you in practical kitchen trainings, lectures and in shopping trainings that a healthy nourishment can be real fun. With a simple, quick and delicious cuisine you can achieve long lasting well-being and increased efficiency. No two of us are (eat) alike. During an individual consultation we will advise you additionally how you can promote your health by an optimized nutrition. For some people a therapeutical nutrition is more suitable than a fasting cure: We offer vegetarian organic whole food rich in vital substances, light food or basic nutrition alternatively. All of our foods are purchased from 100 % organic farming.

Second Pillar



Movement & relaxation

Body, mind and soul circulate harmonious in a certain order: Action is followed by rest, stress is followed by relaxation. This rhythm is the basis of your health. You can experience the positive effect of our extensive therapy offers in the interaction between manual therapies and the fasting cure. Whether ergometer exercise, stretching, aquafitness, early morning exercises, gymnastics, training with strength bands, Nordic Walking, training with the Milon® circuit or personal training - as a result of a more relaxed tonicity and a stimulated fasting metabolism - the alternation between exercise and relaxation has a particular impact on your health.



Osteopathy

Osteopathy has the purpose to relieve or remove chronic and acute pain. Your therapists palpate tensions, blockages and muscular imbalances in muscles, joints and spine by using precise manual techniques. Furthermore, correlations with organic dysfunctions will be determined and positively influenced.

Guests who suffer from pain of the musculoskeletal system benefit particularly from the osteopathy, yet also following complaints can be permanently alleviated: gastrointestinal complaints, headache, migraine, chronic sinusitis, tinnitus, dizziness or complaints in the temporomandibular joint.



Physiotherapy / Manual Therapy

From manual therapy to muscle training at workout devices, electrotherapy, lymphatic drainages up to classic massages - your physiotherapeutic team of the Malteser Klinik von Weckbecker helps you to relax, to alleviate pain, to loose muscle tensions and to stimulate your agility.

Third Pillar



Hydropathy according to Kneipp

Dr. med. Erich von Weckbecker found his way to naturopathy, being healed from a severe liver and kidney disease with the use of Kneipp therapy, and established finally the clinic. He was one of the first doctors combining the fasting cure with Kneipp's hydropathy. The aqua practices stimulate your bodies metabolism, blood circulation and nervous system in a gentle way. They support the defecation process of the fasting cure, strengthen your immune system, stimulate your circulation, lead to relaxation and recreative sleep. Our offer is extensive and conforms to your discomforts: hot and cold baths for your arms or feet, hot and cold sitting baths, full baths, aroma infusions or compresses can help to smoothly abate headaches, joint problems and imbalances in the cardiovascular system.

Living without pain
I am feeling like a new woman and enjoy my life. I am even playing tennis again. Previous to my stay in the Malteser Klinik it was much different. I could not get up in the morning due to heavy inflammations in my joints, which tortured me every morning. That is a thing of the past now: Already on the fourth day of my combined fasting therapy i was free from pain and also my blood results very well again.

Mrs. B., 60 years, Gnarrenburg



Colontherapy

The colontherapy is a very important pillar of our therapy offer because it makes the fasting cure exceptionally effective. The gentle colon purging diverts metabolic waste products and allergens, creates favorable conditions to rebuild the intestinal flora and trains softly the intestinal muscles. This therapy, developed by Dr. med. Erich von Weckbecker, will help you to go in good health through your fasting cure. The hungry feeling, which is often very feared, stays out with an everyday use. In addition to that, headache and poor circulation become less frequent. The defecation function of your intestine is being supported in an optimal way by taking additionally Epsom salt every day.



Fourth Pillar



Spirituality, life coaching & mindfulness

Many people feel an increasing sensibility and a positive change of their attitude towards life during the fasting cure. A certain feeling of happiness and a creative, cheerful relaxation become noticeable. Intensive dreams may accompany your sleep. The distance from everyday life gives you space for fundamental life questions. In the calming atmosphere and in settlement with the own body it is possible to dedicate oneself to suppressed feelings and thoughts and to care for inner concerns without any pressure of time. Our team for spiritual counseling is pleased to accompany you during these experiences. One-on-one conversations, discussion sessions and exercises will show you new paths how to handle important life topics actively and in a positive way. Meditative events and worships in our in-house chapel give you strength and peace of mind.

Fill up energy in paradise.....

I've been in many Five Star hotels in which I would have wished to experience the amazing service of the Weckbecker Klinik. In Bad Brückenau I felt so cared for as if I was the only guest in the whole house. There was always a contact person and everything was made possible. It really does one's soul good to be in the Rhön's gorgeous landscape in combination with the clinic's pleasant ambience. I will come back for sure!

Mrs. S., 46 years, Schondorf



Duration of stay and recommendations

Our **short-term stay of 7 days** is perfectly suitable for guests with little time who want to disappear for a few days, get new energy and strengthen their body's defenses.

If you would like to reduce your weight, to minimize risk factors or if you are planning a stay to prevent an illness, then a stay of **10 - 14 days** is right for you.

For **acute or chronic diseases**, your stay here should ideally enable your body an entire restart. In order to achieve long-term positive results for health, we therefore recommend to plan a longer stay of at least **21 to 28 days**. Take your time to absolutely arrive and to relieve yourself and your body in peace. Enjoy backpedaling, slowing down. Experience the fasting cure being followed by a time of reorganization for body, mind and soul.

Our packages

We're pleased to represent you our five different fasting packages. Hereof you chose the one that suits your wishes, needs and temporal desires. When booking one of these packages, take advantage not only of a well-proven and harmonious composition, but as well of our price discount (compared with single bookings of room, treatments and services).

Fasting Cure Classic

This package lives up to its name's promise: it's a classic! The package consists of therapy unities as they were already recommended to patients by Dr. med. Erich von Weckbecker. You will be medically supervised, experience the exonerating therapies of our four pillar concept and be able to increase health, well-being and quality of life.



Accommodation in desired room category	7 nights	10 nights	14 nights	21 nights	28 nights
Fasting diet incl. revitalizing meals for up to 3 days	7	10	14	21	28
Initial and exit examination	•	•	•	•	•
Intermediate examination		•	••	••••	••••••
Classic massage (20 min.)	•				
Therapeutic examination and treatment after diagnosis (30 min.)		•	•	•	•

Daily (except Sundays): Hydrotherapy according to Kneipp (hot and cold arm bath/ foot bath/ hot and cold sitting baths, hot and cold affusion); colon therapy, depending on duration of fasting cure; ergometer training, therapeutically controlled; hot and humid package ("potato package"); entire Weckbecker-Inclusive-Program

Fasting Cure Intensive

This package goes into depth. In our offer "Fasting Cure Intensive" you experience extensive physical treatments and hydrotherapy according to Kneipp. Pains are significantly reduced, you improve your flexibility and resolve tensions.



Accommodation in desired room category	10 nights	14 nights	21 nights	28 nights
Fasting diet incl. revitalizing meals for up to 3 days	10	14	21	28
Initial and exit examination	•	•	•	•
Intermediate examination	•	••	••••	••••••
Classic massage (40 min.)	•••	•••	•••	•••
Weckbecker therapy (30 min.)	•	••	•••	••••
Manual therapy (30 min.)	••	•••	••••	•••••
Indication-based treatment*	••	•••	••••	•••••
Daily (except Sundays): Hydrotherapy according to Kneipp (hot and cold arm bath/ foot bath/ hot and cold sitting bath with herbal adding, hot and cold affusion); colon therapy, depending on duration of fasting cure; ergometer training, therapeutically controlled; hot and humid package ("potato package"); entire Weckbecker-Inclusive-Program				

Fasting Cure Premium

Our Premium package is a composition of extra intensive therapeutical care. It includes an extra of a nutrition consultation, exercises and comfort. Here you experience our "Fasting Cure Classic" extended with our entire additional program consisting of therapies and treatments of your own choice as well as individual fitness training and personal training.

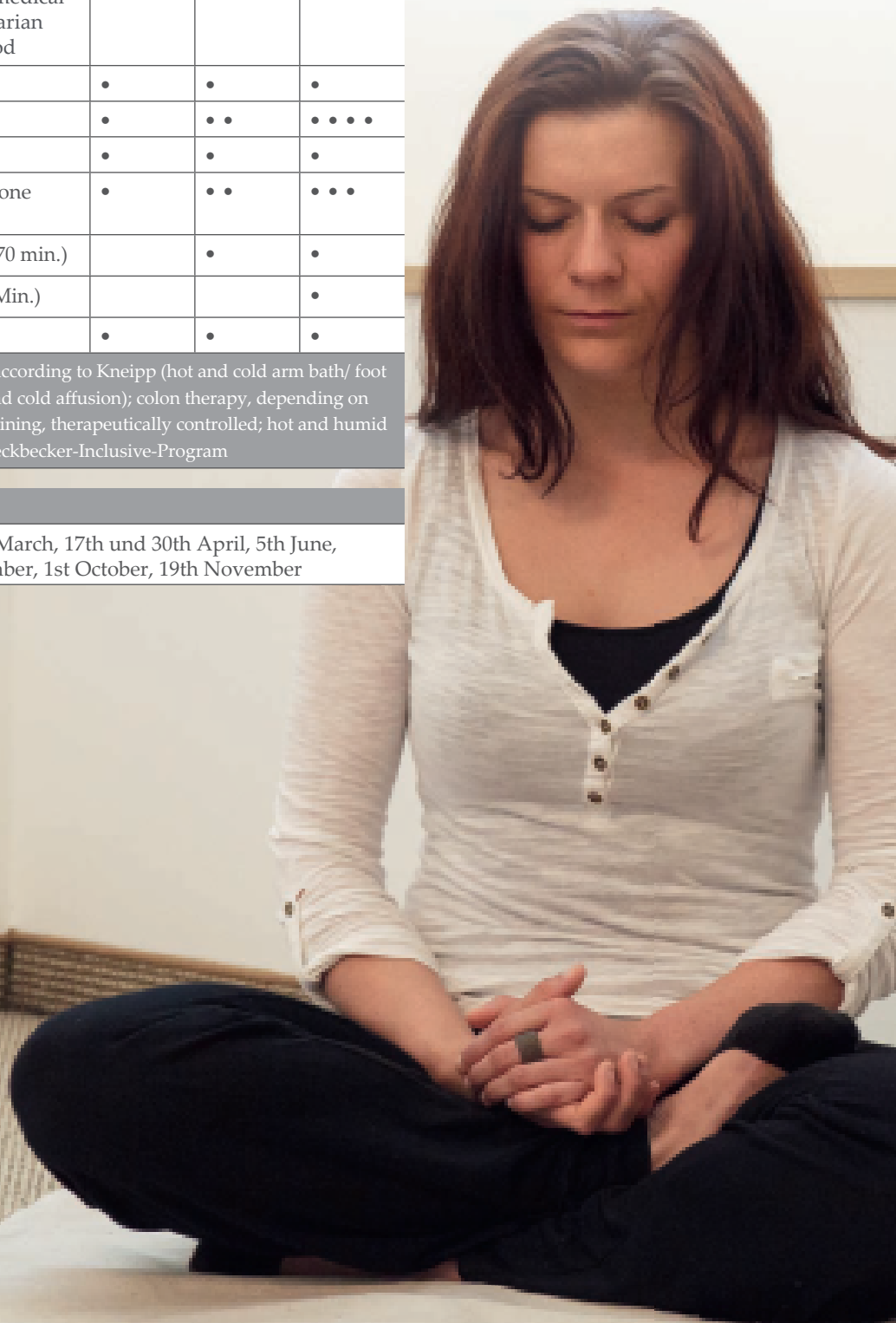
Accommodation in desired room category	7 nights	10 nights	14 nights	21 nights	28 nights
Fasting diet incl. revitalizing meals for up to 3 days	7	10	14	21	28
Initial and exit examination	•	•	•	•	•
Intermediate examination		•	••	••••	••••••
Indication-based treatment (30 min.)*	••	••••	•••• ••	•••••	••••• •••• ••
Osteopathy	•	••	•••	••••	•••••
Training kitchen session	•	••	••	•••	••••
Nutrition consultation (60 min.)	•	•	•	•	•
Personal training (60 min.)	•	••	••	•••	••••
Daily (except Sundays): Hydrotherapy according to Kneipp (hot and cold arm bath/ foot bath/ hot and cold sitting bath with herbal adding, hot and cold affusion); colon therapy, depending on duration of fasting cure; ergometer training, therapeutically controlled; hot and humid package ("potato package"); entire Weckbecker-Inclusive-Program					



Exhaustion & Reorientation

The package „Exhaustion & Reorientation“ is a preventive offer for people under big stress, who would like to take countermeasures before physical and psychic problems become intensified. Our interdisciplinary team of doctors, pastors and physiotherapists offer a program suitable for your life situation, that combines academic and complementary medicine with bodywork, psychology and spirituality. Relieving and strengthening methods enable a personal reorientation. Also suitable for burnout prophylaxis.

Accommodation in desired room categorie	10 nights	14 nights	21 nights
Fasting diet incl. revitalizing meals for up to 3 days alternatively (according to prior medical agreement) full board with vegetarian whole food, light food or base food	10	14	21
Initial and exit examination	•	•	•
Intermediate examination	•	••	••••
Classic massage (40 min.)	•	•	•
Psychological or medical one-on-one interview (50 min.)	•	••	•••
Lesson „Strength during crisis“ (270 min.)		•	•
Individual deepening session (60 Min.)			•
Mindfulness training (270 Min.)	•	•	•
Daily (except Sundays): Hydrotherapy according to Kneipp (hot and cold arm bath/ foot bath/ hot and cold sitting baths, hot and cold affusion); colon therapy, depending on duration of fasting cure; ergometer training, therapeutically controlled; hot and humid package (“potato package”); entire Weckbecker-Inclusive-Program			
Dates in 2017:			
8th January, 19th February, 12th March, 17th und 30th April, 5th June, 16th July, 6th August, 3rd September, 1st October, 19th November			



Fasting & Hiking in the Biosphere reserve

Our package „Fasting & Hiking in the Biosphere reserve“ takes advantage of the quaint environment of the Malteser Klinik von Weckbecker. The rustic, foehn free Rhön with its numerous natural and cultural monuments is a marvelous landscape in order to complement the fasting period with smooth cardio-vascular exercises. This package is particularly suitable for healthy persons with risk factors such as stress, overweight or lack of exercise. Here you come to rest and are able to recharge your batteries.

Accommodation in desired room category	7 nights
Fasting diet incl. revitalizing meals for up to 3 days	7
Initial and exit examination	•
Classic massage (20 min.)	•
Hydrotherapy according to Kneipp (hot and cold arm/ foot baths with herbal adding, hot and cold affusion)	•••••
Guided hikes (6 to 12 km)	•••• ••

Daily (except Sundays): colon therapy, depending on duration of fasting cure; hot and humid package (“potato package”); entire Weckbecker-Inclusive-Program

Dates in 2017:

5th - 12th March*, 2nd - 9th and 23rd to 30th April, 7th - 14th May, 13th - 20th August, 17th - 24th September*, 8th - 15th October, 5th - 12th November

**Fasting & Hiking & Mindfulness*

Hit the trail with all your senses. On these two dates it is your mindfulness that is placed at the center of attention. You're training your perception, practice serenity and learn how to be in the present. Just leave your everyday life by the wayside.



Rhön timeout

Grant yourself 7 days of deep relaxation in the beautiful Bavarian Rhön. Indulge yourself by regenerating treatments and organic meals full of vital substances. Strengthen your immune system and regain your energy in peace.

Accommodation in desired room category	7 nights
Full board (our nutritious vegetarian whole food)	7
Medical consultation (15 min.)	•
Classic massage (20 min.)	•
Hydrotherapy according to Kneipp - Hot and cold arm bath, foot bath, sitting bath with herbal adding - Hot and cold affusion	• • • • •
Daily (except Sundays): entire Weckbecker-Inclusive-Program	



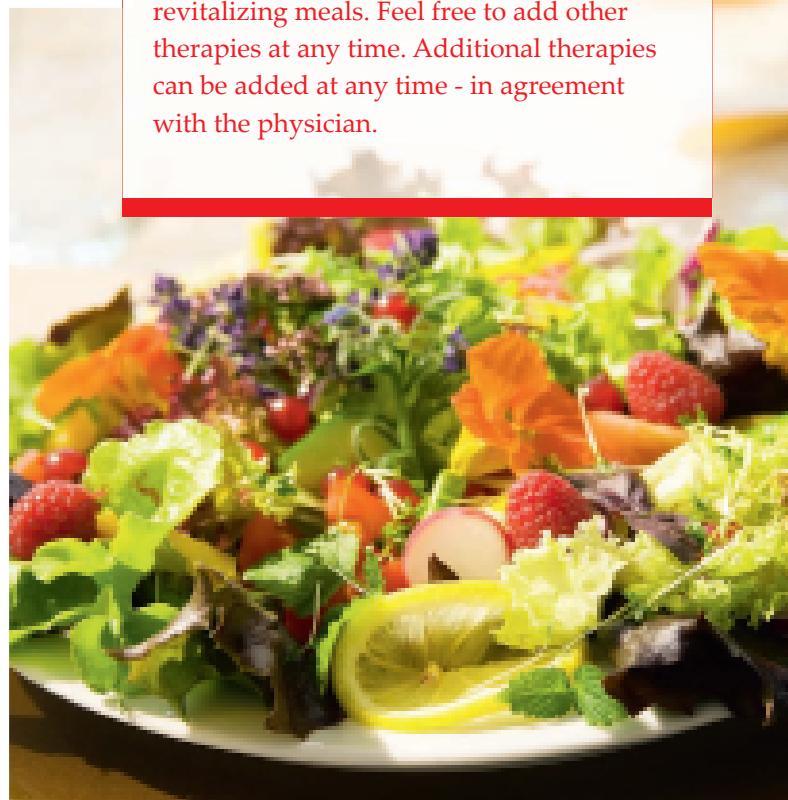
Please note:

All of our packages are fasting cure offers (except „Rhön timeout“ and „Exhaustion & Reorientation“) – for our guests who can not or do not want to fast, we recommend our nutritious vegetarian whole food (vegetarian whole food, light food or base food) in full board for an additional charge of 36,00 € per day.

Not included are costs for cosmetics, medication, laboratory tests, service features (parking and telephone) and visitor's tax. This will be charged separately. If you book one of our packages it is not possible to replace the therapies included or to refund any therapies you did not attend. Additional medical and therapeutic services will be invoiced according to our current price list.

Daily rate

If you do not wish to book a full package, you can also book the desired room category separately according to daily rate. Included are all offers of our Weckbecker-Inclusive-Program, fasting diet and three days of revitalizing meals. Feel free to add other therapies at any time. Additional therapies can be added at any time - in agreement with the physician.



Weckbecke-Inclusive-Program

Our Weckbecker-Inclusive-Program contains important standard benefits for our guests/ patients and is included in all packages as well as in single bookings according to the daily rate. It contains a huge range of therapeutical exercise, pedagogical health, spiritual and cultural offers as well as utilization of all facilities. It helps you to get to know healthy behaviors, to practice them under guidance and to transfer them durably to your everyday life. The offers vary on a weekly basis.

Free
for each guest!



Exercises and fitness

To support the fasting process and gain a new physical feeling.

Morning fitness, aqua-gym, guided hikes, Walking, Flexi-Bar, Pilates, Theraband, Drums Alive

Contemplation and relaxation

To balance your life.

Progressive muscular relaxation, Qui Gong, meditative dance, sun salutation, relaxing with sound bowls, laughter yoga

Meditation and spirituality

To give your fasting experience depth

Church, entry into the day, Jesus meditation, common prayer, speeches, group discussions, life coaching

Speeches

Take health matters into your own hands with precious knowledge.

Nutrition and fasting speeches, medical speeches (topics such as liver, thyroid, indigestion, irritable colon, arthrosis, back pain, cardio-vascular issues, high blood pressure, urological diseases)

Creative courses

To explore your own potential.

Painting, drawing, doing arts and crafts, dance workshops

Feelgood offers

To give yourself a treat.

Swimming bath, sauna area (Finnish sauna, bio sauna, infrared sauna, steam bath), light shower, infrared cabin, cardio fitness, tea and water bar (available at any time), curative water from the spring of Wernarz



Weckbecker-Inclusive-Dates

Some offers of our Weckbecker-Inclusive-Program take place on specific dates only. Therefore we ask you to announce a potential desire of participation already when booking. Save your place well in advance.

Mindfulness training

Be aware of the moment; new quality of the contact to myself; experience my body and my surrounding. Come to learn two methods to enable a mindful attitude in your daily life: mindfulness-based stress reduction (MBSR) and contemplation.

- free

Dates in 2017

9th - 12th January, 20th - 23rd February, 13th - 16th March, 18th - 21st April, 2nd - 5th May, 6th - 9th June, 17th - 20th July, 7th - 10th August, 4th - 7th September, 2nd - 5th October, 20th - 23rd November

Reflection weeks

An intensive time in peace, thoughts, prayers, conversations and spiritual impulses. Our reflection weeks will help you to find your spiritual self. We accompany you when giving thought to the essential questions and when coming upon faith, inspiration and (re-)orientation.

- free

Dates in 2017

22nd - 26th January, 12th - 16th February, 5th - 9th March, 2nd - 6th April, 21st - 24th May, 18th - 22nd June, 9th - 13th July, 22nd - 24th August, 7th - 21st September, 15th - 19th October, 12th - 16th November, 3rd - 7th December

Ways to get out of your life crisis

Severe experiences, losses and grief can bring us to the limit of our strengths. Experience in group discussions, meditative exercises and one-on-one conversations how you are able to get important life impulses arising out of these hurting feelings of grief and loss. We support you in discovering new perspectives.

- free

Dates in 2017

10th - 14th April, 6th - 10th November

Grey out, color in!

Come and discover new forms of expression! Our art pedagogue will support you in the course of our painting seminar in order to explore and revive your creativity with paper, pen and colors. It has unmistakably an immediate effect: If we take time to observe our environment more precisely, we will be astonished and come to know ourselves better.

- free

Dates in 2017

1st - 5th February, 5th - 9th April, 5th - 9th July, 1st - 5th November, 10th - 14th December

Room categories and prices (in euros)

Packages	Fasting Cure Classic					Fasting Cure Intensive			
	7 nights	10 nights	14 nights	21 nights	28 nights	10 nights	14 nights	21 nights	28 nights
A House I Standard A 2nd person	1.080,- 870,-	1.470,- 1.170,-	2.070,- 1.650,-	3.060,- 2.430,-	4.030,- 3.180,-	1.780,- 1.480,-	2.560,- 2.140,-	3.690,- 3.070,-	4.820,- 3.980,-
B House I Standard B	1.290,-	1.760,-	2.450,-	3.550,-	4.690,-	2.090,-	2.970,-	4.220,-	5.490,-
C House I Standard C 2nd person	1.290,- 920,-	1.760,- 1.240,-	2.450,- 1.720,-	3.550,- 2.480,-	4.690,- 3.250,-	2.090,- 1.560,-	2.970,- 2.240,-	4.220,- 3.140,-	5.490,- 4.070,-
K House II Comfort 2nd person	1.590,- 1.120,-	2.190,- 1.520,-	3.050,- 2.120,-	4.430,- 3.070,-	5.860,- 4.040,-	2.520,- 1.850,-	3.570,- 2.640,-	5.090,- 3.730,-	6.680,- 4.850,-
Ap House II Apartment 2nd person	1.790,- 1.250,-	2.480,- 1.720,-	3.450,- 2.390,-	5.020,- 3.460,-	6.640,- 4.560,-	2.810,- 2.040,-	3.970,- 2.890,-	5.680,- 4.120,-	7.460,- 5.370,-

Seasonal price increase

We charge a seasonal price increase for bookings in the period between **26th February and 23rd April 2017**. That corresponds 10,00 euros for a room in house I per person per night; and 13,00 euros for a room in house II per person per night.

Extension days

Extension days are possible in all packages and stays.

Winter-Special

Enjoy our package „**Fasting cure classic**“ at a special price. From 29th October to 30th November 2017* this package can be booked starting from **1.020,- euros**. This special offer is not combinable with other discounts.

*latest possible day of arrival

Advent bonus

Take time out when busy days and dank weather challenge your health. We cordially invite you and give you a 12 % discount for the price of your room during this time of tranquility and consciousness from 1st to 15th December 2017*. We are looking forward to welcoming you and have prepared an impressive Advent program for our guests!

*latest possible day of departure

Fasting Cure Premium					Exhaustion & Reorientation			Fasting & Hiking	Rhön timeout	Daily rate
7 nights	10 nights	14 nights	21 nights	28 nights	10 nights	14 nights	21 nights	7 nights	7 nights	1 night
								1.050,- 840,-	940,- 730,-	93,- 60,-
								1.260,-	1.140,-	115,-
					1.830,-	2.590,-	3.760,-	1.260,- 890,-	1.140,- 770,-	115,- 60,-
1.840,- 1.380,-	2.720,- 2.060,-	3.660,- 2.740,-	5.240,- 3.890,-	6.880,- 5.070,-	2.260,-	3.190,-	4.640,-	1.560,- 1.090,-	1.440,- 970,-	160,- 90,-
2.040,- 1.510,-	3.010,- 2.250,-	4.060,- 3.010,-	5.820,- 4.280,-	7.650,- 5.590,-	2.550,-	3.590,-	5.220,-	1.760,- 1.220,-	1.640,- 1.090,-	190,- 110,-



House I

Standard A

Smaller room with a forest view, simple facilities, shower, WC, TV

Standard B

Bigger room with a forest view, shower, WC, TV

Standard C

Smaller room with a south facing view, balcony, nice view, shower, WC, TV



House II

Comfort room

Big room with an east, south or west view, modern ambience, balcony, shower or bathtub, WC, TV, internet connection

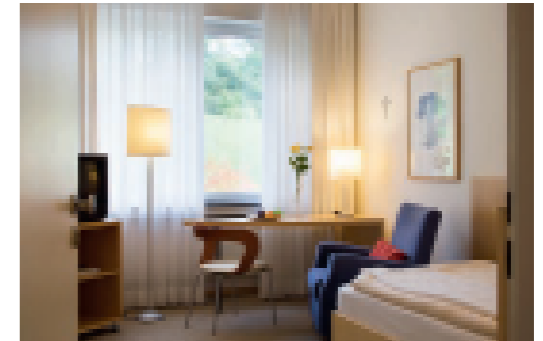
Apartment*

Spacious and stylish, separate living and bedroom, two balconies, shower, partly with bathtub, WC, TV, internet connection

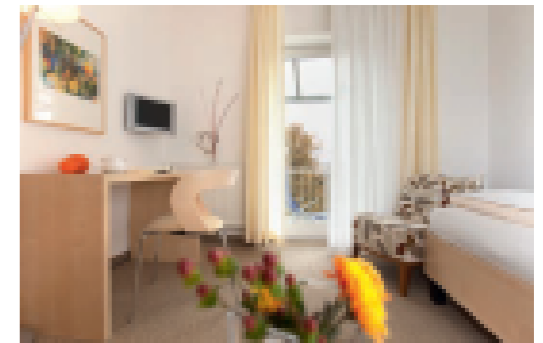
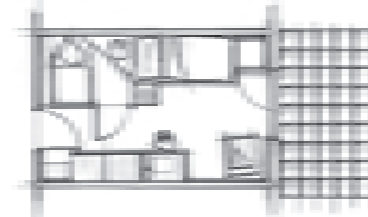
A House I Standard A



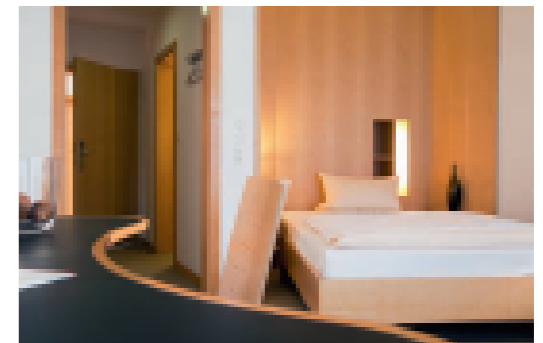
B House I Standard B



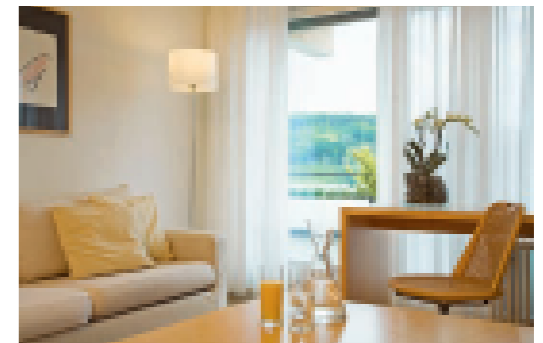
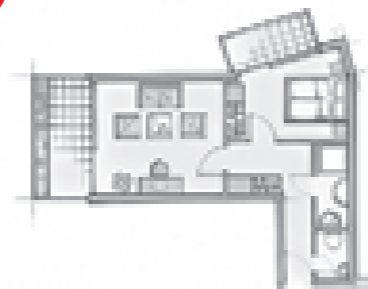
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K House II Comfort



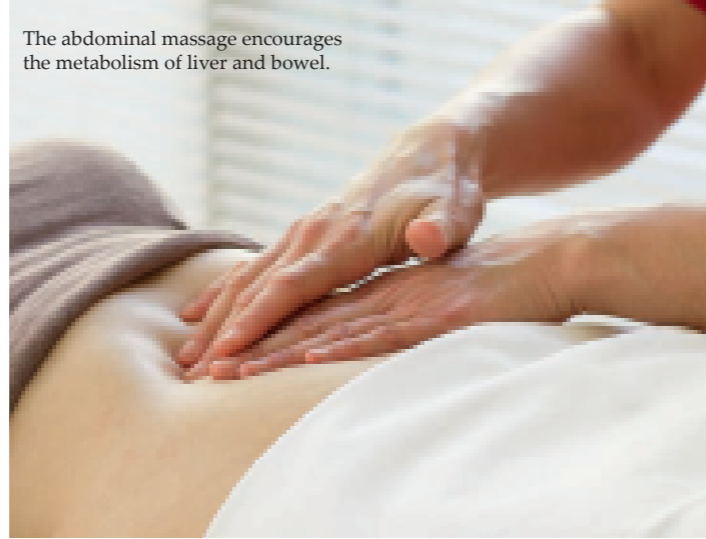
Ap House II apartment



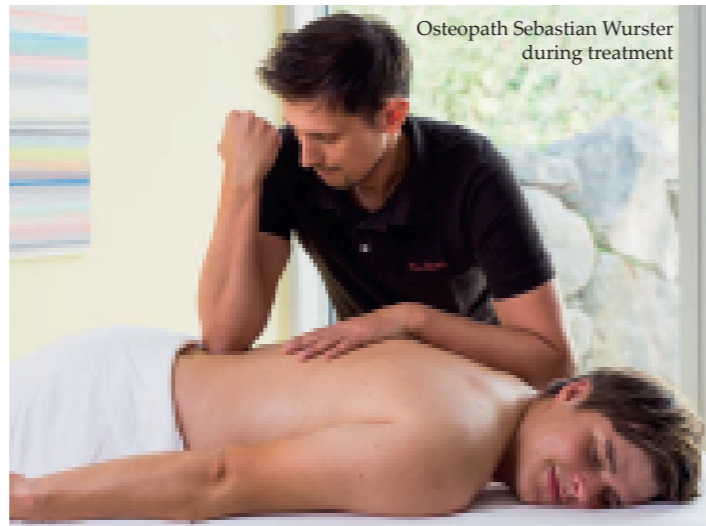
* Further apartments upon request



Facial treatment according to Kneipp. Vitalizing, skin tightening, headache soothing



The abdominal massage encourages the metabolism of liver and bowel.



Osteopath Sebastian Wurster during treatment



Dr. med. Rainer Matejka in medical conversation

Treatment packages

In addition to your package or to your room only it is possible to book several treatment packages. That means a balanced combination taken from our large therapy product line. All packages are accompanied in a medical, therapeutical and psychological way.



Pain free package

In order to relieve generic pain of the locomotor system we offer a special therapy combination. Imbalances in conjunctive tissue and in muscles are being removed by use of osteopathy (a special kind of pain point pressure massage) and a stretching of squeezed fascias. Most of our clients feel long-lasting strikingly decreased pain. Be taught by our therapists which strategies can help you to stay pain free in the long term.

Included	Quantity
Individual LNB-pain-therapy	• •
LNB-fascia-stretching	• • • •
Price	370,- €



LiverDetox package

In case of exhaustion, persistent tiredness and digestive problems your liver often plays a key role. With the help of our special therapy combination, our liver detox package, you are able to increase your awareness of life and to bring the function of your liver in top form.

▪ **bookable at a minimum stay of 10 days**

Included	Quantity
Ultrasonography of abdominal organs	•
Special massage & acupressure of stomach, gallbladder, small and large bowel	• •
Osteopathy for liver stimulation	•
Fascia massage	• •
Injection with liver stimulating agent compound	• • • • •
Price	320,- €



Power package

There is nothing that decreases health risks as simple as movement - and gives such a great pleasure additionally! Tension vanishes and good mood rises coming along with increasing physical fitness. Our therapists and trainer will provide you with extensive knowledge about healthy sport and advise you individually so that regular exercise can become part of your daily life.

Included	Quantity
Personal training (individual training for indoor and outdoor sport)	• •
Milon® circuit training (instruction and daily free training)	•
Price	140,- €



WomenSpecial package

There is a lot of potential in every stage of life - for a change, for self-reflection and for new wellbeing. In our treatment package, specially developed for women, you come to know how it is possible to experience your menopause healthy and with lots of love of life. Our menopause adviser guides you through the week, illustrates facts and myths of the menopause, reflects important issues with you in one-on-one conversations as well as in group discussions and shows you natural strategies against the typical discomforts.

Included	Quantity
Group discussions - Physical and psychical consequences of the menopause - Menopause and memory - Menopause being a chance – active and attractive into the new phase	• • •
Pelvic floor exercise	• •
Medical lecture „Without hormones through your menopause – is that possible?“	•
Training kitchen „Whole food for an active metabolism“	•
Relaxation therapy	• •
Lecture „Women teas“ - with tea tasting	•
One-on-one conversation, life coaching	•
Price	150,- €

Dates in 2017

5th - 11th February, 14th - 20th May,
27th August - 2nd September, 15th - 21st October,
12th - 18th November

Please note:

Our treatment packages are bookable in package only. In case your private health insurance requires a detailed billing, the account will be made according to our current price list and scale of charges for doctors. The package discount is not applicable in that case.



Price list for individual treatments and services

Flexible and strengthened.....

I literally feel like a new man.

My arthrosis restricted me very much and I couldn't even walk 10 meters anymore. My physical condition has improved considerably after my stay in this clinic for a fasting cure. Most helpful was the staff's professional and personal competence, the natural kindness and warmth. This special atmosphere in the house I have never experienced anywhere else.

Mr. S., 74 years, Gronau

Our desire is to offer you, next to our medical attendance, a large range of individual treatments - at a high level of the newest scientific knowledge. The choice of treatments is based on your physical condition and will take place after your medical initial examination.

Follow-ups serve to monitor the therapy and to make corrections if necessary. Together with you we aim to not only alleviate symptoms but also get to the root causes permanently. Especially specific diagnostics can help to find sources of disorders and diseases. An exit examination contributes greatly to integrate the achieved success over the long term into your daily life.

Integrative medicine & diagnostic

Medical examinations	
Initial examination (mandatory) with creation of therapy schedule	75,07 €
Exit examination (mandatory)	41,56 €
Intermediate examination / Follow ups (mandatory for stays from 10 days)	21,44 €
Additional medical services such as supplemental consultations, advices, emergencies, standby services, etc. will be charged separately according to the medical fee schedules (GOÄ).	
Medical diagnostic	
ECG at rest	26,54 €
Ultrasound	from 59,- €
Laboratory diagnostics	
For guests who are lacking in time during their daily lives for the necessary prophylactic medical examinations, we offer extensive laboratory tests, such as new risk factor detections for the cardio-vascular system, immune parameters or special scotoscopy in case of digestive disorders such as an irritable colon or chronic inflammatory bowel diseases.	
Base laboratory for fasting cure	approx. 20,- €
Extensive laboratory parameters	individual
Gastrointestinal check	
from 105,- €	
With the help of modern scotoscopy we also control parameters which are usually not considered in family practices or at specialists. Therefore we suggest this offer especially to those clients who have already had a gastroscopy or a colonoscopy with no abnormality detected.	
Extended cardio-vascular risk factors	
from 180,- €	
These laboratory tests are especially suitable for people who would like to learn more about possible cardio-vascular risk factors. There was developed a whole train of new and useful parameters in recent years. Thereby resulting, it is nowadays more feasible to identify and treat potential cardio-vascular diseases.	
Orthomolecular medicine	
Vitamin mineral check	individual
Buildup- / Immune infusion with micronutrients (vitamins, minerals, trace elements)	from 45,- €
Ozone oxygen autohemotherapy (HOT)	69,87 €
Naturopathic special therapies	
Bloodletting (incl. material)	29,75 €
Acupuncture (plus needles)	46,92 €
Auriculotherapy (plus needles)	46,92 €
Leech treatment	52,- €
Material costs for leeches (apiece)	approx. 8,50 €
Autohemotherapy incl. blood taking*	12,08 €
Infusion intravenous (up to 30 min)*	16,09 €
Infusion intravenous (for over 30 min)*	24,13 €
Inhalation	6,50 €
Subcutaneous / intramuscular injection*	5,36 €
Injection intravenous*	9,38 €
Neural therapy of one body area*	21,44 €
Neural therapy of several body areas*	28,15 €
Ear candle therapy	39,- €
Psychology and life coaching	
Medical psychological consultation (50 min)	100,56 €
Medical psychological consultation (25 min)	50,28 €
Spiritual counseling (45 min)	free
Other	
Medical report	17,43 €
Medical short certificate	13,64 €
Prescription fee	3,15 €
Short attestation	5,36 €

Medical services will be charged 2,3 times, laboratory services 1,15 times of the scale of charges (GOÄ).

* plus pharmaceutical costs

Weckbecker fasting cure

Included in all our fasting packages and in the daily rate

Fasting provisions (bio vegetable juices, fasting broth, milk rolls, biological teas, water and curative water, revitalizing meals for up to 3 days)

Fasting and after fasting group conversations

Health care by Medical Center

24 hours medical staff (on-call duty)

Colonthrapy 29,50 €

Gentle bowel cleanse according to Dr. med. Erich von Weckbecker.

Nutrition and dietetics

Full board with vegetarian bio whole food (1.600 - 1.800 kcal)	36,- €
Base food	26,- €
Individual diets (allergies and intolerances)	47,- €
Individual nutrition counseling (30 min)	36,- €
Individual nutrition counseling (60 min)	65,- €
Training kitchen (90 min)	17,- €

Goodbye migraine!.....

To me it was the beginning of the end of a long ordeal. I was constantly haunted by severe migraine attacks, three to four times a month. Everything changed with my first fasting cure in Bad Brückenau in 2012. My migraine has completely taken leave – maybe once per quarter it comes slightly back. Also my neck pain has improved significantly. I allow myself a stay on a regular basis meanwhile. The whole team is so warm-hearted and caring. I'm coming here and am simply comfortable.

Mrs. M.-Q., 51 years, Weyhe

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Physiotherapy and Massages

Classic massage

In the classic massage our therapists relieve muscular tensions and cause you relaxation by the use of special techniques.

Fascia massage (20 min.)	28,- €
Colon massage (20 min.)	28,- €
Shiatsu massage (20 min.)	39,- €
Cupping massage (30 min.)	40,- €
Classic massage (20 min.)	28,- €
Classic massage (40 min.)	51,- €
Classic massage (60 min.)	68,- €

Foot reflexology massage

It stimulates and balances. The therapists detect based on the patient's reactions and on the paopatory findings, which organs are most stressed. Especially recommended in case of vegetative complaints such as inner unrest and sleep disorders, indigestions, period pains and inflammations of the bladder.

Foot reflexology massage (20 min)	29,- €
Foot reflexology massage (40 min)	51,- €

Lymph drainage

In case of overweight and other kind of metabolic congestion the body stores a considerable amount of lymph fluid - in many cases in the subcutaneous fatty tissue (lipoedema), in abdomen or facial. By smooth stroking, shoving and vibrating movements of the therapist's hands, the lymph system is being stimulated and the fascia comes loose. Also for relieving in case of headache / migraine, tinnitus (ringing in the ear), chronic sinusitis and veins weakness.

Lymph drainage (30 min.)	39,- €
Lymph drainage (60 min.)	68,- €

Massage according to Breuss (30 min.) 39,- €

The energetic stroke massage with the use of amber oil brings deep relaxation in the whole body. Particularly recommended for people with high workload and stress - especially in case of chronic and acute back pain as well as in preparation for the therapy according to Dorn.

Therapy according to Dorn (30 min.) 39,- €

By straightening the spine we relieve blockades and the associated pain. The Dorn therapy is exceedingly focused on potential pelvic obliquity.

Acupuncture massage according to Penzel®

It compensates energetic imbalances. Especially in case of pain syndromes and functional complaints such as sleeping disorders and inner unrest.

Acupuncture massage (40 min.)	72,- €
Acupuncture massage (60 min.)	82,- €
Ear acupuncture massage (20 min.)	28,- €

Manual therapy (30 min.) 50,- €

For treatment of functional disorders of the locomotor system (joints, muscles and nerves). Pain relieving and helpful in case of movement disorders. It is our aim to recover the harmonious interaction between joints, muscles and nerves.

Further treatments

Physiotherapy (30 min.)	36,- €
Trigger point therapy (30 min.)	42,- €
Kinesio taping (30 min.)	28,- €
Fascia stimulating therapy (20 min.)	33,- €
Electro-therapy	15,50 €
Ultrasonic therapy	15,50 €

Weckbecker therapy (30 min.) 46,- €

The Weckbecker therapy is a therapy combination out of small/ large bowel massages, foot reflexology massage, elements of the craniosacral therapy and acupuncture massage - individually symptom-adjusted.

Osteopathy

With the help of precise techniques we are able to feel out tensions, blockades and imbalances in muscles, joints and spin. Here it is possible to detect connections of functional disorders of inner organs and to influence them in a positive way.

Osteopathic initial examination, diagnosis and treatment (50 min)	98,- €
Osteopathy (40 min.)	89,- €
Craniosacrale therapy (40 min.)	78,- €

LNB therapy

The pain therapy according to the principles of Liebscher & Bracht (LNB) reduces acute and chronic pain in spin, joints, musculature, tendons and ligaments. Special pressure massage techniques and entrapment-stretching exercises are relieving pain and motion restrictions for a long time.

LNB therapy (60 min.)	126,- €
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Sport and movement therapy

Life is movement and that is usually what we do insufficiently. With the help of the wide range of products in our clinic we try to whet your appetite for movement again.

Ergometer training / movement therapy (20 min.)	13,- €
Personal/ individual training (60 min.)	69,- €
Nordic Walking (in the group)	8,- €
Milon® circuit (instruction and training checkup per stay)	20,- €

Packs and compresses

Hot and humid package („potato package“)	8,80 €
Moor heatpack	27,- €
Leg compress, one leg	15,50 €
Leg compress, both legs	22,- €
Chest compress	15,50 €
Abdomen compress	15,50 €
Throat compress	9,50 €
Kneipp stockings	15,50 €

Hydropathy according to Kneipp


Timeless reliable and scientifically sound method as an aid to stimulate the blood flow and to support metabolic processes. The change of hot and cold water vitalizes circulatory and immune system. Additional therapeutic effects are achieved by the use of different herbals, such as rosemary, melissa or mare's tail.

Carbonic-acid bath	29,- €
Washing with supplement	8,50 €
Hot and cold affusion (arm, thighs, knees, chest)	13,50 €
Neck affusion	19,50 €
Lumbal affusion	19,50 €
Hot and cold affusion with body spiral	19,50 €
Facial affusion	7,50 €
Base foot bath	13,50 €
Base full bath	26,- €
Hot and cold bath (arm, feet)	13,50 €
Hot and cold sitting bath	16,50 €
Full bath with herbals	23,- €

Oxygen multi-step therapy

The oxygen multi-step therapy according to Prof. von Ardenne supports the oxygen supply of the blood. By inhaling medical oxygen the arterial oxygen content increases. The oxygen consumption of the body is said to be stimulated by adding minerals and vitamins. One inhalation at rest is followed by one inhalation at physical activity.

Per session	28,- €
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Cosmetic treatments

Wellness facial treatment for her and him	50,- €
Full body treatment massage with warm aromatic oils	43,- €
Pedicure incl. foot bath and short massage	25,- €
Manicure	20,- €
Face pack	from 12,- €
„I like myself“-package Two extensive face and body treatments	208,- €

Extras

Participation in trips with the house bus	12,- €
Telephone per unit	0,30 €
Telefax per unit	0,40 €
Parking space on the clinic grounds per day	3,- €
Parking space garage per day	4,- €
Lending fee bath robe (entire stay)	10,- €
Visitor's tax per day	2,50 €

Information: Be our guest in the Malteser Klinik von Weckbecker

Before your stay

Pre-cleansing days ease the start of the fasting therapy! For a good start of the fasting therapy, we recommend 1-2 pre-cleansing days before your stay. On these days do not eat too much, but easily digestible foods, such as potatoes, whole-meal basmati rice, millet, vegetables, salad and fruits. Drink plenty of water and herbal tea and do not consume alcohol or coffee. Use these days furthermore to get your body, mind and soul in the mood for your fasting experience and plan sufficient time for an eased arrival.

Do not forget!

We have created this list to ensure you will not forget anything when packing your suitcases for your stay:

- Recent medical check up reports, ECG (if over 60 years old), current laboratory values: sodium, potassium, calcium, creatinine and uric acid. For a service charge of approx. 20 € it is possible to get these values as part of the initial examination. In case they are made by your family doctor, you can send them to us. The results must not be older than 10 days in this case.
- Any medication you take regularly in appropriate quantities, or bring a prescription from your doctor.
- Weather-proof clothing and sturdy shoes
- Sportswear, indoor and outdoor sports shoes
- Swimming costume
- Pulse monitor (if available)
- Hair dryer (the rooms in house II are equipped with a hair dryer)
- Bath robe (can be borrowed for a fee of 10,00 euros)

Check in

Please make sure you arrive between 1 p.m. and 4 p.m. In case you arrive later please contact us in advance.



Arriving by car

Coming from A 7 (Kassel-Würzburg) you can reach the Malteser Klinik von Weckbecker via two exits: Bad Brückenau / Volkers, coming from the North or Bad Brückenau / Wildflecken, coming from the South. Bad Brückenau is signposted directly after motorway exit slip roads.

Coming from direction Frankfurt am Main we suggest A 66, exit Schlüchtern-Süd. After that continue via Sinnthal direction Bad Brückenau. In Bad Brückenau you follow A-Road B 27 direction Fulda. Access-road to the clinic: Fuldaer Straße, after that turn to Rupprechtstraße.



Arriving by train

Fulda's ICE train station is 35 km away only. With pleasure we order you a cab at the reduced price* of 42,00 euros for the station pickup in Fulda. Alternatively get directly in touch with the local cab company: +49 (0) 9741 937437.

* reduced price faisible only in case of booking at least 2 days in advance.

Contact and reservations

We are looking forward to seeing you here! In case you have any questions regarding your stay in the Malteser Klinik von Weckbecker feel free to ask us at any time. In case of medical questions we are happy to arrange you a first medical telephone conversation.



You can reach us by phone on
+49 (0) 9741 83 0 from 8 a.m. - 8 p.m.
or by e-mail:

weckbecker.brueckenau@malteser.org
or by online form: [www. weckbecker.com](http://www.weckbecker.com)

Postal adress

Malteser Klinik von Weckbecker
Rupprechtstraße 20
D-97769 Bad Brückenau



Recommend us!

We are very glad in case you were happy with your stay and, if so, would recommend us. For each new guest who books a 7 day stay following your suggestion, we will give you one day (room) free of charge - our thank you!

General information regarding reimbursement of costs for statutory or private health insurance and patients who are entitled to receive allowance

Statutory health insurances

Stationary rehabilitation and preventive measure*

The Malteser Klinik von Weckbecker is a specialist hospital for prevention and rehabilitation and has a care contract according to § 111 SGB V. People who are statutory health insured are able to make use of a therapy after obtained approval - so long as the statutory health insurance is responsible for the rehab measure. In case of approved therapy the necessary medical therapies will be invoiced directly to the health insurance. The legally defined own share of 10,00 euros per day will be charged to your account. Included in the hospital and nursing charges is the room category of house I. In case you wish to stay in house II we charge the surcharge to your account.

Ambulant preventive checkup*

The ambulant preventive checkup is a popular kind of cure and an obligatory service of statutory health insurances. Assured can demand it every 3 years. The insurances bear 90 % of the therapy costs and in some cases also a pension grant of up to 13,00 euros per day. The deductible for a 14 days stay amounts to 1.500,- up to 2.500,- euros, depending on room category. In case you do not want to fast we recommend you our vegetarian bio whole food for 36,00 euros extra charge per day. Medicines and laboratory diagnostics are not included. In case of approved ambulant preventive checkup it is not possible to book a package. Please book in this case an individual stay as per daily rate. The prescription of therapies will be individualized for you according to your initial examination.

* The confirmation of cost coverage must have arrived in written form 14 days prior to the commencement of your stay otherwise the billing will be made for direct payer.

Eligible for benefit

The Malteser Klinik von Weckbecker is eligible, according to the regulations of the ordinance for financial assistance, and meets the requirements in accord with § 7 par. 2 SGB V. The granting stations of the different states share the costs in different amount of expenses. In addition to that we meet the requirements in accord with § 107 par. 2 SGB V. The clinic is approved according to § 30 of the trade regulation act and is amenable to supervision of the local health authority.

▪ Application for permit must be discussed with the responsible granting station and the confirmation of cost coverage must have arrived in written form 14 days prior to the commencement of your stay.

Private health insurances

Due to the fact that we are being categorized as sanatorium by private health insurances, they only bear costs for a stay in Malteser Klinik von Weckbecker in the case of having concluded a special tariff with your provider. Medical and diagnostic services are often partly paid. Please also take note of your insurance contract underlying restrictions, resp. exclusions regarding spa towns or therapeutic baths (spa town clause, § 5 (1e) MB / KK). Please make sure that the written confirmation of cost coverage has arrived prior to the commencement of your stay.

▪ It is possible that treatment costs are not fully covered by granting station or your private health insurance since not all payers must accept the agreed prices. Please talk to your payer prior to the commencement of your stay.

Tax deductibility

Costs for a stationary or ambulant therapy which were not born by your health insurance can be approved as extraordinary expenses in your payroll tax or personal income tax. You can ask the responsible taxman in this case.

▪ In case of further questions regarding costs and billing just ask us - we will be glad to provide comprehensive information by telephone: +49 (0) 9741 83 137.

Clinic regulations

1. The applied therapies of our clinic are an ideal way to quit smoking. Therefore smoking is prohibited in our clinic and on the clinic grounds.
2. Telephoning with mobile phones is disallowed in fasting and dining rooms as well as in all therapeutic areas. Furthermore we recommend you to go without all common stimulations of communication media and entertainment electronics which are around us all the time, such as mobile phones, tablets, computer and television - for the entire length of stay, also beyond our rest areas.
3. Should any guest / patient intend to stay away from the clinic overnight or for several days it is required to obtain approval of the doctor in charge.
4. According to the regulations for hospitals, it is unfortunately not possible to bring any animals.
5. Please use the parking space in front of the main entrance exclusively for unloading the car. We kindly ask you to park your car, immediately after unloading, in the car park of the clinic (parking bay or garage)*.

*for a fee

Terms and conditions of the Malteser-Klinik Dr. v. Weckbecker gGmbH (hereafter referred to as "clinic")

1. Your reservation is binding after we receive your signed registration form.
2. We will be pleased to meet your room requirements. For administrative reasons we can arrange the desired room type, but not a specific room.
3. The day of arrival and the day of departure are together regarded as one single day if the arrival is after 1 p.m. and the departure before 11 p.m. If your room is not booked up for the day of your departure you can use it for longer upon advance notification and a charge of 20,00 euros.
4. Reservations can be cancelled in writing free of charge up to 10 days before arrival. In case of late cancellation within 10 days of the arrival date we charge 50 % of the booking price.
5. Early departures will be charged with the full booking price for the booked stay. In case of cost coverage by health insurance we will charge the hospital and nursing charges for the cancellation days privately with the guest.
6. A deposit of 50 % of the services booked must be paid on arrival. This is not applicable in case of confirmation of cost coverage by statutory health insurance. The invoice amount is due at the end of your stay. You can pay with EC card, cash or crossed cheque.
7. In the case of cost coverage by your health insurance the confirmation must have arrived in written form latest with the registration. Otherwise the billing will be made on a private basis. In case of ambulant preventive checkup, the client / patient pays himself for extra costs.
8. If you book one of our packages it is not possible to replace the therapies included or to refund any therapies you did not attend.
9. If you do not cancel an appointment on time or do not appear we have to charge the full amount for the treatment. Not taken meals can not be refunded.

10. If you have a mental, physical or an age-related impairment or are severely disabled and therefore require constant care, you will need to have a detailed telephone conversation with our doctors before your stay.

11. The clinic accepts liability for all claims regarding damage of life, body or health, which are based on willful and knowingly or negligent violations of duty by the clinic or a person employed in performing an obligation. In case of slight negligence of the clinic, a statutory representative or a person employed in performing an obligation, the liability of the clinic is, in case of a breach of essential contractual obligations, limited to the typically predictable damage. Apart from that the clinic accepts no liability for slight negligence.

12. The clinic accepts no liability for the loss of personal possessions, money, jewelry or other valuables. In case the loss arose through the clinic's fault, the clinic is liable for the loss in accordance with par. 11.

13. For the use of our parking spaces and garage will neither be made a deposit contract nor does exist any obligatory supervision. In case of losses or damages of parked automobiles the clinic is liable in accordance with par. 11. Damages must be indicated immediately.

14. All prices mentioned in this brochure are in euros. We have the right to alter prices. This brochure supersedes any previous offers and previous price lists become invalid.

15. All therapies and treatments take place in Bad Brückenau which is also the place of payment.

Malteser Klinik Dr. von Weckbecker gGmbH
Rupprechtstraße 20
97769 Bad Brückenau



Kneipp basin in front of the clinic's swimming bath. Hydropathic treatments are part of our therapy concept.



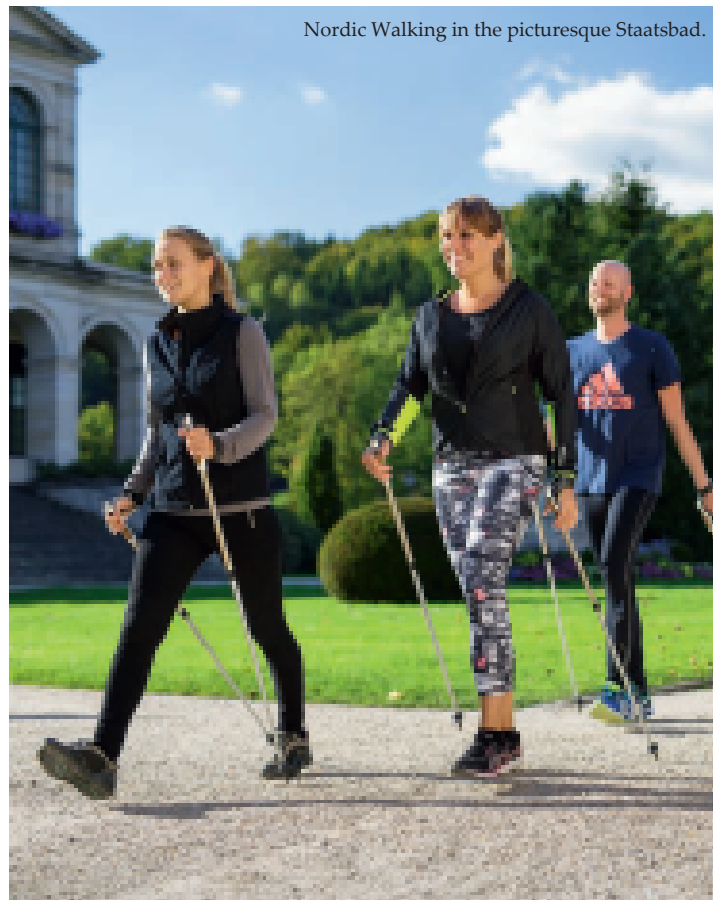
Lawn for sunbathing: Light, air and relaxation.



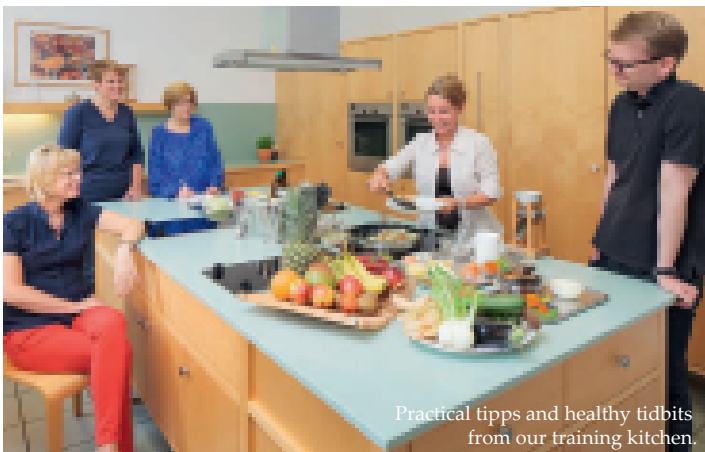
Relaxation room of the sauna area.



The clinic's medicinal plants garden



Nordic Walking in the picturesque Staatsbad.



Practical tips and healthy tidbits from our training kitchen.

Fasting cure

Nutrition &
dietetics

Integrative medicine

Exercise &
relaxation

Osteopathy

Physiotherapy

Hydrotherapy
according to Kneipp

Colon therapy

Spirituality,
life coaching &
mindfulness

Malteser Klinik von Weckbecker

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